

Cultural Competency Post Test

1. Which of the following statements best describes cultural competence?
 - a. Comparing the beliefs and social practices of people from different cultural backgrounds with those of your own.
 - b. Providing everyone with the exact same care regardless of their cultural needs.
 - c. The ability to respond to the unique needs of people whose cultures are different from that of the dominant society.
2. What may result when cultural differences are ignored?
 - a. Delay in seeking medical attention
 - b. Increase in use of preventative medical practices
 - c. Shorter hospital stays
3. True ___ False ___ If a family member speaks English as well as the patient's native language and is willing to act as an interpreter, this is the best possible solution to the problem of interpreting.
4. True ___ False ___ Some symbols-a thumbs up sign, a pointing of the finger-are universal and can help bridge the language gap.
5. True ___ False ___ When a patient is not adhering to the prescribed treatment plan it is most likely because he does not have the money to pay for it.
6. True ___ False ___ To express sympathy, a healthcare provider can lightly touch the arm or pat the back of an individual without offending anyone.
7. True ___ False ___ How long someone has lived in the United States is a good predictor of their degree of understanding the health care system.
8. Name 3 barriers to effective communication when providing care for clients from non-American cultures.
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9. Name 3 ways to incorporate cultural competence into the workplace.
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10. Please use this space to comment on how you or your employer could improve communication with patients of different cultures to positively affect clinical outcomes.

Name _____ Dept. _____