

LHN AHA Training Center

HeartCode PALS

This is a course that is offered for Lutheran Health Network and located on our Advanced Learning Center (ALC). The online course will be used for both initial and renewal of PALS.

One month prior to your PALS expiring, check on the ALC to be sure you have been enrolled in the HeartCode PALS on-line course. If not, contact your manager who will request that you be enrolled.

Part 1 Course Content:

The on-line interactive course includes Scenarios that cover all of the PALS algorithms. An exam is included as part of the online course. The study materials are embedded into the course. This includes the AHA PALS Provider text book.

Part 2 & 3 Skills Check Off:

After completing the HeartCode PALS Part 1, register on the education website for a PALS skills check-off time. @ www.lutheranhealth.net/education.

Bring a copy of your Part 1 certificate with you to the skills check -off. Your skills session will take approximately 4 hours. It will include:

- Successful completion of the required CPR skills
- Successful demonstration of the management of respiratory emergencies
- Successful demonstration of intraosseous access techniques
- Successful completion of one PALS Cardiac Core testing scenario and one Respiratory or Shock Core Case testing scenario, functioning as a team leader

A practice site is available for student to practice either Part 1 course or Part 2 practice check-off. To practice go to www.healthstream.com/hlc/hac

Instructions to assist you

Click on link “PALS User Guide” to obtain instructions to assist you.

